

Is Garlic Safe for Dogs

by Lisa S. Newman, PhD

The answer is yes! Find out why garlic has received such a bad rap, and how it can actually benefit your pet's health.

Garlic has long been regarded as a beneficial herb. Yet many people believe it's harmful to dogs and should never be fed. The truth is, it is safe and even beneficial in small doses. So why do so many think it's toxic?

Some background on garlic

For centuries, garlic has been used as a primary remedy for a large number of symptoms. And as long as people have been using it, they have also been feeding it to their animal companions. Some animals even enjoy foraging for it, as my dog, Lady, loved to do.

Garlic's properties have proven far-reaching, easily assimilated, and safe. In the past 80 years, during holistic medicine's rebirth in the United States, it has been in the forefront of both human care and animal husbandry.

Every textbook I have researched on herbal medicine that also mentions pet care recommends garlic, especially for its incredible anti-parasitic, anti-carcinogenic and antiseptic properties. In my own experience, it has also benefited animals with valley fever (*Coccidioidomycosis*), heartworm/fleas/ticks, IBS, diabetes, liver, heart and kidney disease, allergies, uncontrollable staph infections (that are non-responsive to all antibiotic protocols), and a host of other conditions. Garlic is also a staple in my preventative protocols.

Talk to a vet before supplementing with garlic, but don't be afraid of these healthful little cloves!

Lisa S. Newman, PhD

Dr. Lisa Newman is internationally renowned as a natural pet care pioneer and formulator of over 100 products, plus over 800 protocols for all types of animal and human conditions ([azmira .com](http://azmira.com)). These are used to supplement her Holistic Animals Care Lifestyle®. She is a researcher, educator, author of nine books, and has been a speaker/spokesperson since 1982. Dr. Newman's work has been used at the Veterinary College, Holistic Animal Care School of Osaka, Japan.